



# Carlow & Kilkenny Children & Young People's Services Committees



Volume 3; Number 44

December 15<sup>th</sup> 2017

**Elves Workshops 2017!**

Carlow Regional Youth Service  
Youth Work Ireland  
Est. 1998

**What's it like to be an Elf in Santa's Workshop?**  
For a magical Christmas experience come along to our fun and exciting workshop where Mrs Claus and Santa's Elves are ready to greet all the children with Songs, Stories, Games, Face Painting, Make and Do festive activities. Enjoy a cup of hot chocolate with marshmallows whilst Mrs Claus reads to you all a special story. Come along and let the fun begin

**Venue:** Tullow Youth Project, Bishop House, Tullow

**Times:** Sat: 16th December. Hours: 1pm-2pm or 3pm-4pm  
Sun: 17th December: Hours: 1pm-2pm or 3pm-4pm

**Price:** €5 per child

**Booking is advised to avoid disappointment.**  
For further information contact: Cathy on 0858338732  
Child/Children are to be accompanied by at least one adult  
Workshops are subject to a minimum demand.

## Connecting for Life Carlow

### Suicide Prevention Action Plan 2017 - 2020

Ms. Aileen Colley (Chief Officer, HSE/South East Community Healthcare) has launched Connecting for Life Carlow on Thursday 7th December – a new suicide prevention and self-harm plan for the county, which is the local implementation of Connecting for Life, Ireland's National Strategy to Reduce Suicide 2015-2020.

**Download Connecting for Life Carlow [here](#)**

**STORY TIME WITH MRS. CLAUS!**

Christmas Stories & Crafts  
at Carlow Library  
Thursday 21st December 4pm

Leabharlann Chontae Ceatharlach  
Carlow County Library



### Certificate in Family Support (Theory and Practice)

Special Purpose Award Level 9 (30 credits)

**Coming to the Carlow Campus from February 2018 - Book your place now!**

**What is this course about?**  
Family Support is a style of work and a wide range of activities that strengthen positive informal social networks through community based programmes and services.  
The main focus of these services is on early intervention aiming to promote and protect the health, well-being and rights of all children, young people and their families.  
At the same time particular attention is given to those who are vulnerable or at risk (Tusla, 2017). The aim of this programme is to further the education and skills of professionals with a common interest in family support.

**Who might be interested?**  
Professional working in Family Support Services

**What subjects will I study?**  
Family Support Overview  
Family Support Theory  
Family Support Practice  
Family Challenges

**On Completion of the Programme, Learners should be able to;**  
Critically examine the evolution of Family Support from a national and international perspective  
Critically analyse theories of Family Support  
Critically reflect on their ethical responsibilities to clients, family members, agency and other professionals.  
Evaluate different interventions for responding to people using a Family Support approach  
Analyse the impact of that family challenges pose to children and the family  
Recognise the value of Family Support intervention for children and families  
Outline practice they have been engaged in and critique the tools, resources, professional skills & interventions in relation to family support.  
Critically reflect on and evaluate how a planned intervention carried out in practice impacted on the service users quality of life

**What Progression Routes are available?**  
Students can exit with a standalone Certificate in Family Support (Theory and Practice) Special Purpose Award Level 9 (30 credits)

**Entry Requirements:**  
All applicants will be considered on a case by case basis.  
Lifelong Learning reserves the right to require applicants to attend for an interview to determine their suitability for the programme.

**How do I apply?**  
Apply online [www.itcarlow.ie/LLL](http://www.itcarlow.ie/LLL) or by completion of the attached application form

**Duration**  
7 Saturdays

February 24th 2018 (1/2 day)  
March 10th 2018  
March 24th 2018  
April 7th 2018  
April 21st 2018  
May 5th 2018  
May 19th 2018

**Course Fees**  
€1500

**Location**  
Carlow Campus



# CHRISTMAS CAROL SINGING WITH



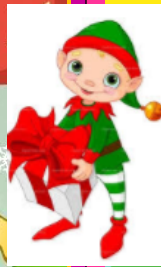
and friends

**Saturday Dec 16th 2017  
Potato Market, Carlow  
11:30am - 12:30pm**

Please join us in wishing wellness to the people of Carlow this festive season.

Refreshments served afterwards in Dinn Ri.

All welcome



## SO, HOW WAS SCHOOL TODAY?

Report of a survey  
on how young people are  
taught and how they learn

085 818 1353  
carlowmentalhealth@hotmail.com

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<https://www.dcy.gov.ie/documents/publications/20171106SoHowWasSchoolTodayReport.pdf>

## Parent Plus Programme



The parent plus children's programme is a practical and positive course for parents of children aged 6-11 years who want:

- Help their children learn and reach their full potential
- Develop a close and warm relationship with your children and to enjoy being their parent.
- Set rules and establish positive routines in the home.
- Manage difficult behaviour and discipline problems
- Solve childhood problems in a positive way that helps your child learn.

The Focus of the course aims to build on your strengths as a parent and what you are already doing right.

#### Practical details.

Starting in February date and time to be confirmed.

If you would like more information or would like to take part in the course, please contact us: Sandra, Phone: 059-91-52776 or drop us an email: [sandraforwardsteps@email.com](mailto:sandraforwardsteps@email.com). We look forward to hearing from you.



## Mental Health Reform

Promoting Improved Mental Health Services

### A National Framework for Recovery in Mental Health

A national framework for mental health service providers to support the delivery of a quality, person-centred service



2018-2020



Building a Better Health Service

Seirbhís Sláinte Níos Fearr á Forbairt



Mental Health Services

[Download the Full Framework](#)  
[Download the Plain English Version](#)

**Victims of domestic violence feel ‘drained’ by court process** <https://www.irishtimes.com/news/crime-and-law/victims-of-domestic-violence-feel-drained-by-court-process-1.3320816>

**Mother of child with special needs vows she'll continue to fight preschool cuts despite 'pause'** <https://www.independent.ie/irish-news/education/mother-of-child-with-special-needs-vows-shell-continue-to-fight-preschool-cuts-despite-pause-36396252.html>

**Watchdog flags bus 'hardship' for pupils** <https://www.independent.ie/irish-news/education/watchdog-flags-bus-hardship-for-pupils-36396250.html>

**Now Leaving Cert students can get CAO points in sport, dance** <https://www.independent.ie/irish-news/education/now-leaving-cert-students-can-get-cao-points-in-sport-dance-36396248.html>

**'Readily available legal highs': Teachers urge ban on energy drinks for under-16s** <https://www.independent.ie/life/health-wellbeing/readily-available-legal-highs-teachers-urge-ban-on-energy-drinks-for-under16s-36396288.html>

**Pornified normative: our children and the constant hum of social media anxiety** <https://www.irishtimes.com/life-and-style/health-family/pornified-normative-our-children-and-the-constant-hum-of-social-media-anxiety-1.3314927>

**‘Think autism’: shops, cinemas and other places where all children are valued** <https://www.irishtimes.com/life-and-style/health-family/parenting/think-autism-shops-cinemas-and-other-places-where-all-children-are-valued-1.3316304>

**Students will have to submit video for new Leaving Cert PE exam** <https://www.irishtimes.com/news/education/students-will-have-to-submit-video-for-new-leaving-cert-pe-exam-1.3323551>

**Children under the age of 12 'being groomed into crime across country'** <https://www.independent.ie/irish-news/crime/children-under-the-age-of-12-being-groomed-into-crime-across-country-36400244.html>

**Mixed response as mandatory reporting of child-abuse concerns begins** <http://www.irishexaminer.com/ireland/mixed-response-as-mandatory-reporting-of-child-abuse-concerns-begins-464293.html>

**Child protection: a creaking system** <https://www.irishtimes.com/news/education/child-protection-a-creaking-system-1.3324875>

**Cocaine-related overdoses rising, figures show** <http://www.irishexaminer.com/ireland/cocaine-related-overdoses-rising-figures-show-464305.html>

**Irish students spend third less time studying science** <http://www.irishexaminer.com/ireland/irish-students-spend-third-less-time-studying-science-464290.html>

**Special report: National health survey ‘the first real effort’ to hear patients’ voices** <http://www.irishexaminer.com/ireland/special-report-national-health-survey-the-first-real-effort-to-hear-patients-voices-464299.html>

**More than 250 schools ‘excluded’ from Deis support scheme** <https://www.irishtimes.com/news/education/more-than-250-schools-excluded-from-deis-support-scheme-1.3325249>

**Trans parents should feature in primary school books, expert recommends** <https://www.independent.ie/world-news/europe/britain/trans-parents-should-feature-in-primary-school-books-expert-recommends-36404380.html>

**‘Social media is ripping our society apart’** <http://www.irishexaminer.com/ireland/social-media-is-ripping-our-society-apart-464325.html>

**Resources key to make PE a realistic choice for Leaving Cert** <http://www.irishexaminer.com/ireland/resources-key-to-make-pe-a-realistic-choice-for-leaving-cert-464330.html>

**Apprenticeship a better route for some students, says Minister** <https://www.irishtimes.com/news/education/apprenticeship-a-better-route-for-some-students-says-minister-1.3326340>

**France proposes age-of-consent rule for Facebook users** <https://www.independent.ie/business/technology/france-proposes-ageofconsent-rule-for-facebook-users-36405837.html>

**Three-year strategic plan for youth detention centre** <http://www.irishexaminer.com/ireland/three-year-strategic-plan-for-youth-detention-centre-464400.html>

**Quarter of early years staff short on references** <http://www.irishexaminer.com/ireland/quarter-of-early-years-staff-short-on-references-464433.html>

**Diabetes and obesity cause 800,000 cancers** <http://www.irishhealth.com/article.html?id=26013>

**Almost 100 million people a year ‘forced to choose between food and healthcare’** <https://www.theguardian.com/global-development/2017/dec/14/almost-100-million-people-a-year-choose-food-healthcare-extreme-poverty>

**GPs concerned over plan for carers** <http://www.irishhealth.com/article.html?id=26023>

## **BRITAIN**

### **Ban window blinds with accessible cords to protect children, experts say**

<https://www.theguardian.com/society/2017/dec/11/ban-window-blinds-with-accessible-cords-to-protect-children-experts-say>

### **Anorexia is a mental illness. Treat it properly** <https://www.theguardian.com/commentisfree/2017/dec/10/averil-hart-death-anorexia-mental-illness-treat-it-like-one>

### **We must be mindful of our kids' anxieties** <https://www.belfasttelegraph.co.uk/opinion/editors-viewpoint/we-must-be-mindful-of-our-kids-anxieties-36388917.html>

### **Paying mums to breastfeed their babies could increase rates – study**

<https://www.independent.ie/life/family/mothers-babies/paying-mums-to-breastfeed-their-babies-could-increase-rates-study-36400249.html>

### **Primary school invites in elderly people to work with young pupils**

<https://www.theguardian.com/education/2017/dec/11/primary-school-elderly-people-work-with-young-pupils-essex>

### **Concerns at low uptake in flu vaccine for pre-schoolers in Northern Ireland**

<https://www.belfasttelegraph.co.uk/news/health/concerns-at-low-uptake-in-flu-vaccine-for-preschoolers-in-northern-ireland-36403460.html>

### **What can be done about abuse on social media?** <https://www.theguardian.com/media/2017/dec/13/what-can-be-done-about-abuse-on-social-media>

### **25,000 children in Britain are problem gamblers, report finds**

<https://www.theguardian.com/society/2017/dec/12/children-britain-problem-gamblers-report>

### **PSNI received new domestic abuse report 'every 18 minutes' in last year**

<https://www.belfasttelegraph.co.uk/news/northern-ireland/psni-received-new-domestic-abuse-report-every-18-minutes-in-last-year-36406314.html>

### **Poorest school-leavers half as likely to attend university as their peers**

<https://www.theguardian.com/education/2017/dec/14/poorest-school-leavers-half-as-likely-to-attend-university-as-their-peers>